

WHAT'S GOING ON AT THE PARKS AND RECREATION DEPARTMENT



Youth Tennis Lessons (program is full) For ages 5-12 on Tuesdays from 5:30-7:45pm at Mark Watson Park

Youth Soccer Skills Camps

Divisions: U6, U8, U10, U12/U14 (U10 is full)

Fee: \$30.00

For boys and girls

Held at the Recreation Park in Cullowhee

Check website for dates for each divisions

Register online now before it's too late!!

Pool SUP Yoga

Held at the Sylva Pool

A few spots still available for Sunday, September 27 @ 2pm.

Fee: \$10.00



SUP Adventure at Bear Creek Lake (spots still available)

Saturday, September 19

10:00am-1:00pm

Fee: \$30.00



Kayaking Trip to Bear Creek Lake (spots still available)

Saturday, September 26

10:00am-1:00pm

Fee: \$30.00



Zumbini (register online)

Zumbini is an early childhood education program that uses original music and movement to promote cognitive, social, fine/gross motor skills, and emotional development.

For ages 0-6

Tuesdays, September 8 - October 27

11:00-11:30am

\$50.00 - Live Sessions

\$40.00 - Recorded Sessions





Virtual Fitness Classes

We offer many classes on our private Facebook Group

Zumba classes offered via a Zoom class

Call Jenifer Pressley for more information at 828-293-3053 x7.

Outdoor Group Fitness Classes

FREE Classes!!

Classes included are: Stride & Strength, Yoga, Total Body, Tabata, Zumba (classes, dates, & times could change monthly-depends on instructor availability)

- * Limited #s in each class
- * Social distancing protocols are encouraged while exercising
- * Bring your own yoga mat
- * No registration required

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For more information about these programs please call the Jackson County Parks and Recreation Department at 828-293-3053.



