NOUNT AREA RECREATION DEPARTMENT NOUNTAIN BIKE Skills Clinic Sunday, March 29 1:00-5:00pm

Register online at www.rec.jacksonnc.org

Registration closes Friday, March 27

The Youth MTB Skills Clinic will develop fundamental bicycle riding skills through a progression of drills, games, and practice. This clinic is perfect for youth that want to progress towards eventually tackling beginner to intermediate mountain bike trails.

All participants MUST wear a helmet and are highly encouraged to have a multi-geared bike for this clinic.

Kids Bike Park on the Jackson County Greenway

Ages: 10-15yrs Fee: \$10.00 Max # 35 Participants



Instructor: Josh Whitmore

Josh Whitmore is an expert level cycling coach who is passionate about teaching youth how to ride! Josh also built the WCU Trail, directed WCU's Basecamp Cullowhee and launched First Ascents program, and served as an instructor for Outward Bound and the National Outdoor Leadership School.

For more information please contact Molly Neary at 828-293-3053 x 9 or mollyneary@jacksonnc.org