

JULY, AUGUST, SEPTEMBER 2021



PROGRAMMING NEWSLETTER

JULY

FALL GOLF LEAGUE

Registration: July 1 - August 10

Fee: \$10 to enter & \$20 each week

Tuesdays starting at 5:30pm

Play at Smoky Mountain Country Club

League will start August 10



MEMBERSHIP PROMOTION

20% off **ALL NEW** memberships at both Recreation Centers during July ONLY.



Offer may not be combined with any other promotion or membership.

Call either Recreation Center for more information:

Cashiers/Glenville - 828-631-2020

Cullowhee - 828-293-3053

CO-ED VOLLEYBALL LEAGUE

Registration: July 1 - 31

Fee: \$200.00 per team

Limited to the first 8 teams to register

Games at the Recreation Center in Cullowhee on Tuesday nights

League will begin August 10

Must be at least 14 years old to play



JULY GROUP FITNESS CLASSES

Day	Time	Instructor	Format
Monday	9:00am	Betty	Stride & Strength
	10:30am	Wendy	Spin
	11:15am	Abby	Zumba
	12:00pm	Abby	TRX
	6:00pm	Manu	Yoga
	7:15pm	Nicole	Tabata
Tuesday	8:05pm	Nicole	Relax, Roll, Release
	9:00am	Wendy	TBW
	9:00am	Rachel	Yoga
	10:00am	Rose	Cardio Strength
	6:00pm	Etsu	Zumba
	9:00am	Betty	Step & Strength
Wednesday	9:30am	Becky	Stroller Motion
	6:00pm	Emily	Zumba
	7:15pm	Nicole	Tabata
	8:05pm	Nicole	Relax, Roll, Release
	9:00am	Wendy	TBW
	9:00am	Rachel	Yoga
Thursday	10:30am	Wendy	Spin
	6:00pm	Etsu	Zumba
	11:15am	Abby	Zumba
	12:00pm	Abby	Yoga
	9:00am	Wendy	20/20/20
	10:00am	Sloan	Aqua Zumba

No classes on July 5th.

YOUTH FALL SOCCER

Registration: July 1 - 31

Fee: \$60.00

Ages: Birth year from 2008-2017 ONLY

Birth certificates are REQUIRED for all first time players

Divisions: U6; U8; U10; U12/14

THERE WILL BE NO EVALUATIONS THIS SEASON

Games will be on Saturdays at the Recreation Park in Cullowhee beginning September 11

Practices begin week of August 23



AUGUST

GREENING UP THE MOUNTAINS 5K

Saturday, August 28

Start and finish at Mark Watson Park in Sylva

\$20.00

Online registration at <https://runsignup.com/Race/NC/Sylva/GreeningUptheMountains>

Can also register at the Recreation Center in Cullowhee July 1 - August 26

Race day registration begins at 8:00am

Race begins at 9:00am

Awards given out at 10:00am

Short sleeved race shirts guaranteed to the first 150 registered.
Shirts available race day until we run out.



PICKLEBALL

Tuesdays and Thursdays

At First Methodist Church in Sylva

Intermediate & Advanced players from 1-3pm

Beginner players ONLY from 3-5pm

\$1.00 each time you play



5 V 5 ADULT FUTSAL LEAGUE

Registration: August 1 - 31

Fee: \$200 per team

Games played on Thursday nights at the
Recreation Center in Cullowhee beginning September 16

Limited to 6 teams

Players must be 14 years of age or older



JACKSON COUNTY
PARKS & RECREATION DEPARTMENT



FACILITY CLOSURES:

Monday, July 5 for INDEPENDENCE DAY

Monday, September 6 for LABOR DAY

LITTLE DRIBBLERS

Registration:

September 7 - October 1

Fee: \$20

4-week instructional basketball program for
1st graders only

Every Tuesday night in October from 6:00-6:45pm
at the Recreation Center in Cullowhee

** Limited to 15 participants **



BEAT THE HEAT DISC GOLF TOURNAMENT

September 4 @ the Recreation Park in Cullowhee

Registration: August 1 - 31

Fee: \$5.00 for singles/ \$10.00 for doubles

COMING IN OCTOBER.....

CARPENTER CLASSIC GOLF TOURNAMENT

Monday, October 4 at 11:00am

Trillium Links and Lake Club

4-person Captain's Choice

\$400 per team

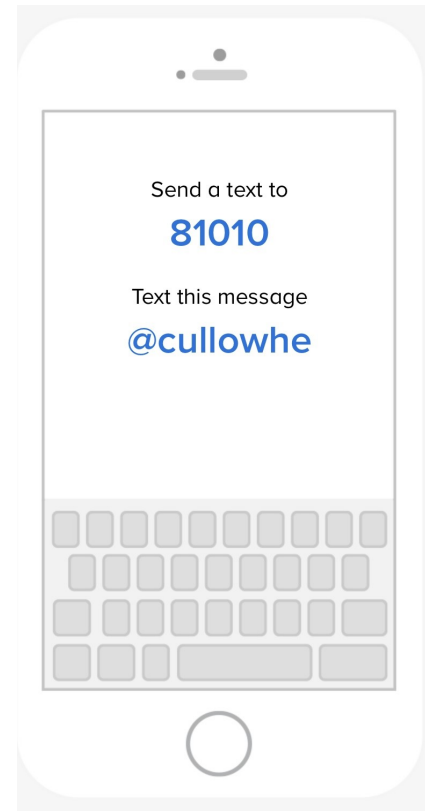


SEPTEMBER

FITNESS CLASSES

Want to know when your favorite
Group Fitness class is canceled?

Sign up for notifications!



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JacksonRecreationandParks](http://www.facebook.com/JacksonRecreationandParks)

and on INSTAGRAM at - jcprdnc

